## The Roman Catholic Diocese of East Anglia

# The Parish of St Mary's and Holy Family & St Michael

St. Mary's Church, St. Mary's Road, off Woodbridge Road – IP4 4BD The Church of the Holy Family & St. Michael, Main Road, Kesgrave – IP5 2QP



# **Easter Sunday**

Year B (Psalter Week Pr.) - 31st March 2024

1st Reading - Acts 10:34. 37-43

**Psalm** – This day was made by the Lord;

we rejoice and are glad.

**2**<sup>nd</sup> **Reading** – Colossians 3:1-4

Gospel Acc – Alleluia, Alleluia!

Christ, our passover, has been sacrificed; let us celebrate the feast

then, in the Lord.

**Gospel** – John 20:1-9

#### Sequence.

Christians, to the Paschal Victim offer sacrifice and praise. The sheep are ransomed by the Lamb; and Christ, the undefiled, hath sinners to his Father reconciled.

Death with life contended: combat strangely ended! Life's own Champion, slain, yet lives to reign.

Tell us, Mary: say what thou didst see upon the way.

The tomb the Living did enclose; I saw Christ's glory as He rose! The angels there attesting; shroud with grave-clothes resting. Christ, my hope, has risen:

He goes before you into Galilee. That Christ is truly risen from the dead we know. Victorious King, Thy mercy show!

Amen. Alleluia.

# **Second Sunday of Easter**

Divine Mercy Year B (Psalter Week 2) – 7<sup>th</sup> April 2024

**1**<sup>st</sup> **Reading** – Acts 4:32-35

**Psalm** – Give thanks to the Lord foe he is good,

for his love has no end.

2<sup>nd</sup> Reading - 1 john 5:1-6

Gospel Acc – Alleluia, Alleluia!

Jesus said: 'You believe because you

can see me.

Happy are those who have not seen

and yet believe.'

**Gospel** – John 20:19-31

#### **OUR PARISH FAMILY - PLEASE PRAY FOR**

-Those who are unwell especially Sheena Barker, Maria Beckett, Debbie Bradley, Christopher Browne, Clifford Browne, Barbara Cattermole, Pamela Davies, Marcello Di Franco, Bertie Fried, Gill Gleghorn, Peter Gornall, Adrian Hambly, Pat Ibison, Val Irwin, Sandra Jones, Linda Kennedy, Paul Major, Maria Maltby, Alice McLeod, Joan McPhillips, John McPhillips, Margaret O'Rourke, Mary O'Rourke, Tom Patten, Brenda Peters, Phil Quill, Tim Quill, Ferial Rogers, Joan Roper, Max Steel, Enrique Vidal, Fr John Warrington, John Williams, Dorothy Wiseman, and Bernadette Wood.

Those whose anniversaries are at this time: Silvestro Biondi, James Robert Sutton, Barry Edward John Pollard, Carmelina Lesina, Russell Francis Keeley, John Paul Wright, Marie Wright, Frederick Maltby, Paul Allen Goodwyn, Doris Hammond, James McFadyen, Helen Rita Harman, Ludwik Kapcia, Ada Keable, Ann Moutell, John Pullen, Gladys Lord, Patricia Patten, Frederick Parker, Rose Mary Camilleri, Sr. Agnes RJM, Fr. McCaul, Eileen Jancock, Eileen Jancock, William O'Keefe, Eileen Clark, Zygnunt Stopczynski, William Sloane, Jean Curran, Norah Jolly, Gloria Constance Peck, Ronald William George (John) Shapland, Clare Bohush, Maura (Maureen) Kathleen Scott, Patrick John Shannon, Anthony Walter Mortlock, Annie Lindridge, Doris Sadd, Elizabeth Margaret Gowler, Anne Richmond and Pontine Potter. May they rest in peace. Amen.

#### **FINANCE**

The parish account details for Standing Orders are: Bank: Co-operative Bank. Account name: St Marys RC Parish Ipswich. Sort code: 08 92 99. Account Number: 67238831

#### 24/03/24 - £749.20

Gift Aid -Tax payers can increase the value of money donated by £1 for every £4 at no extra cost to themselves. Please complete the form on the website. https://stmary.org.uk/gift-aid

With grateful thanks for your continued support.

#### **CONTACT US!**

The Presbytery, 322 Woodbridge Road, Ipswich. IP4 4BD Tel: 01473 728115

> Parish Priest: Fr Alfonso-Jude Belnas Email: jude.belnas@rcdea.org.uk

Assistant Priest: Fr Dominic Amoah Email: dominic.amoah@rcdea.org.uk

Deacon: Rev. Christopher Brighten Email: chris.brighten@st-mary.org.uk Tel: 07554799174

Parish Secretary: Eleanor Bradley Email: <a href="mailto:secretary@st-mary.org.uk">secretary@st-mary.org.uk</a>



https://www.facebook.com/saintmarywoodbridge/

#### **MANY THANKS!**

Thank you to all who have given their time, treasure, and talent throughout Lent, Holy Week and Easter. The parish clergy are particularly grateful to all the volunteers of St Mary's Church and Holy Family & St Michael Church and to those who helped with the liturgies.

Lastly, thank you to all your Easter Cards, Easter Eggs, presents, offerings, and prayers.

Myself (Fr Jude), Fr Dominic, and Deacon Chris wish you an abundant blessing this Easter Season!

#### **CONGRATULATIONS!**

To those who were baptise at Easter: Milan, Alice, and Reuben. Also, those who received their First Holy Communion: Keisha and Milan. Finally, to Oliver and Elizabeth, who received the Sacrament of Confirmation. We, your parish family will be praying for you all and your journey in faith together with your family, friends, sponsors, and godparents. May the Holy Spirit guide you and the Risen Lord bless you.

#### **Confirmation Course**

Next session will be on **Monday, 15<sup>th</sup> April 2024** at <u>exactly</u> 6:45pm – Parish Hall.

#### **Silent Prayer**

will resume on **Easter Tuesday, 02/02/24**. It is a meditation type prayer and lasts just 30 minutes. Everybody Welcome!

#### **GIFT AID**

- If you use Gift Aid Offertory envelopes, you should have received your box of new envelopes for the new tax year stating 6<sup>th</sup> April 2024. If you not, please contact Paul Phillips, the Parish Gift Aid Organiser.,
- If you have taken a Gift Aid declaration form, please remember to return it to Paul A.S.A.P.
- Also please check to see if you are still a taxpayer and eligible to give by Gift Aid, if you no longer pay tax let Paul know. We must not claim Gift Aid tax refunds for nontaxpayers.
- If you have moved house since completing a Gift Aid declaration form please make sure you have informed the parish of this change of address.

#### Not signed up to give via Gift Aid?

If you pay tax, you can increase the value of the money you donate to the church by £1 for every £4 you give at no extra cost to yourself. You just need to complete a very simple form, please see Paul who will also answer any questions you may have.

Donations can be made in cash or by Standing Order.

Paul Phillips can be contacted via giftaid@st-mary.org.uk

#### Ubi et Orbi

Pope Francis Easter Message and Apostolic Blessing to the City of Rome and the entire World will be broadcasted on BBC1 at 11.00am. The blessing after the Easter Message is given in Latin, and usually many other languages too. You are encouraged to watch it live, record it, or view on BBC iplayer.

#### **SAFEGUARDING!**

Parents/Carers must always supervise children. Children should not visit the toilet unless accompanied.

#### **CAR PARK**

Please do not block any vehicle and park nicely inside the lines. The school carpark next door is always available; and if coming late to Mass, it may be wiser to park there.

#### **School Reunion**

Calling all girls who left Ipswich Convent 50 years ago aged 16 we are hoping to organise a reunion in June and would like to contact as many girls from our year group as possible. Please email Sue Ring <a href="mailto:rings2012@icloud.com">rings2012@icloud.com</a>

#### Open Mornings St Alban's High School

An opportunity to visit and experience the school as a live, learning environment, see our outstanding facilities and talk with key staff members.

Monday 8<sup>th</sup> and Tuesday 9<sup>th</sup> July 2024 9.10am – 10:25am

#### The Precious Blood of Christ

Maundy Thursday last year, the Bishops of England and Wales have given parish priests permission to reintroduce the reception of Holy Communion under both kinds, that is, for the faithful to receive the Body of Christ and His Precious Blood.

We would like to make available Holy Communion under both kinds. However, the present pool of Ministers of Holy Communion is too small to provide this at all Masses especially on a Sunday. Therefore, from Easter Sunday, there will be an opportunity for communicants to receive the Precious Blood, provided an Extraordinary Minister is available and willing to minister the Blood of Christ. Fr Jude will continue to approach people and ask them if they are willing to become Extraordinary Ministers for the Distribution of Holy Communion and serve the community in this important way.

Lastly, the Church has always taught the doctrine of concomitance, by which we know that under each species alone, the whole Christ is sacramentally present (Body, blood, soul and divinity) and we "receive all the fruit of Eucharistic grace." (General Instruction of the Roman Missal n.281 & Catechism of the Catholic Church n.1390)

A GENTLE REMINDER: before receiving the Eucharist, The Body of Christ and/or The Precious Blood of Christ, to reverence by genuflecting or bowing. With the Chalice, make sure to hold the chalice with both hands and carefully return after consuming.

NO INTINCTION!
(No dipping of the Sacred Host in the Chalice!)

#### **PARISH DIARY**

#### Saturday 30<sup>th</sup> Mar: HOLY SATURDAY

10am – Office of Readings (SM)

10.30am – cleaning and preparacon (SM)

8pm - EASTER VIGIL (SM) (LS)

#### **SUNDAY 31st Mar: EASTER SUNDAY**

9am – Mass (SM) (LS) • People of the Parish 9:15am – Mass (HF) • Peter Gornall (N Maehews) 10.30am – Mass (SM)

• Doris Hayter+ (Ron Hayter & Family)

#### Followed by:

#### **EASTER BBQ and EGG HUNT (Presbytery Garden)**

6pm − Mass (SM) • Briege & Oliver Norris (Michael Keane)

#### Monday 1st April: EASTER OCTAVE

9:15am - Mass (SM) (LS)

Patricia Rivers (F)

#### Tuesday 2<sup>nd</sup> April: EASTER OCTAVE

9:15am - NO MASS

7:30pm - Silent Prayer at St Mary's Parish Hall

## Wednesday 3<sup>rd</sup> April: EASTER OCTAVE

10 am – Mass (HF)

John Kelly (F)

-Tea & Coffee after Mass

# Thursday 4th April: EASTER OCTAVE

9.15 am – Mass (SM) (**LS**)

Maureen Scott (F)

-Tea & Coffee after Mass (Susan York Room)

#### Friday 5th April: EASTER OCTAVE

10.00 am - Mass (HF)

Clare Bohush (F)

6.00pm – Confessions, Adoration and Benediction (SM)

7.00pm – First Friday International Mass (SM) (LS)

#### Saturday 6th April: EASTER OCTAVE

9.30 am – Mass (SM) (**LS**)

• Briege & Oliver Norris (Michael Keane)

6.00 pm - Mass (HF) **SECOND SUNDAY OF EASTER** 

• Fr Michael Hazell (F)

#### **SUNDAY 7th April: Second Sunday of Easter**

9am – Mass (SM) (**LS**) ● People of the Parish 9:15am – Mass (HF)

• Mary & Fred Houchill (Maureen Morrison)

10.30am - Mass (SM) ● Elizabeth Collins

3pm - Adoration and Divine Mercy Chaplet (SM)

6pm - Mass(SM)

Mrs Nancy Lawe&Family (Margaret O'Rourke)

#### **PARISH DIARY**

# Monday 8th April: THE ANNUNCIATION OF THE LORD

9:15am – Mass (SM) (**LS**)

• Adrian Parry+ (Anne Parry)

# Tuesday 9th April: Easter Feria

9:15am - NO MASS

7:30pm - Silent Prayer at St Mary's Parish Hall

#### Wednesday 10th April: Easter Feria

10 am - Mass (HF)

Ellen Bruce+ (Eleanor Bradley)
 -Tea & Coffee after Mass

#### Thursday 11th April: St Stanislaus

9.15 am - Mass (SM) (**LS**)

Rev. Bernard Heath (F)
 -Tea & Coffee after Mass (Susan York Room)

## Friday 12th April: Easter Feria

10.00 am – Mass (HF)

Angela Howes (Maureen Morrison)
 5.00pm – Confessions, Adoration and Benediction (SM)

# Saturday 13th April: Easter Feria

9.30 am - Mass (SM) (**LS**)

Oscar Perez

6.00 pm – Mass (HF) THIRD SUNDAY OF EASTER

• Dennis Allen+ (Chris & Danny Merrigan)

#### **SUNDAY 14<sup>th</sup> April: Third Sunday of Easter**

9am – Mass (SM) (LS) ● Alessandra Collins -Tea & Coffee after Mass

9:15am - Mass (HF)

• Mike & Val Irwin (Maureen Morrison)

-Tea & Coffee after Mass

10.30am − Mass (SM) • Fr Russel Frost (Fr Jude)

6pm − Mass (SM) • People of the Parish

HF Holy Family | SM St Mary's | **LS** Live Streamed



# EASTER SUNDAY (cbcew.org.uk)

#### The Easter Vigil

Following ancient tradition, the Church keeps vigil for the Lord, the faithful carry lighted lamps, as if looking for the Lord when He returns. The ceremony begins after nightfall and must end before daybreak. Even though it be celebrated before midnight, this is a Paschal Mass of the Resurrection.

#### **Easter Sunday or Resurrection Sunday**

On the third day after his Crucifixion and Death, after the Shabbat, at dawn on the first day of the week, Mary Magdalene and the other Mary went to the tomb of Jesus. They found the tomb empty and the stone rolled away and they proclaimed: "He is not here; he has risen, just as he said....". (Mt. 28:6). Easter is linked to the Jewish Passover and the Exodus from Egypt recorded in the Old Testament through the Last Supper, sufferings, and crucifixion of Jesus that preceded the resurrection.

According to the New Testament, Jesus gave the Passover meal a new meaning, as in the upper room during the Last Supper he prepared himself and his disciples for his death. He identified the unleavened bread and cup of wine as his body soon to be sacrificed and his blood soon to be shed. The Resurrection of Christ is the fruit of his perfect obedience to God's will.

St Paul write: "He humbled Himself and became obedient unto death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name which is above every other name, that at the name of Jesus every knee should bow, in heaven, on earth and under the earth and every tongue confess that Jesus Christ is Lord to the glory of God the Father." (Phil 2:8-11).

# St Gregory's Easter Prayer

It is only right, with all the powers of our heart and mind, to praise You Father and Your Only-Begotten Son, Our Lord Jesus Christ. Dear Father, by Your wondrous condescension of Loving-Kindness toward us, Your servants, You gave up Your Son. Dear Jesus You paid the debt of Adam for us to the Eternal Father by Your Blood poured forth in Loving-Kindness.

You cleared away the darkness of sin by Your magnificent and radiant Resurrection. You broke the bonds of death and rose from the grave as a Conqueror. You reconciled Heaven and earth. Our life had no hope of Eternal Happiness before You redeemed us. Your Resurrection has washed away our sins, restored our innocence and brought us joy. How inestimable is the tenderness of Your Love! We pray You, Lord, to preserve Your servants in the peaceful enjoyment of this Easter happiness. We ask this through Jesus Christ Our Lord, Who lives and reigns with God The Father, in the unity of the Holy Spirit, forever and ever. Amen .

# Second Sunday of Easter (SEEDS from The GOD WHO SPEAKS)

# First Reading: Acts 4:32-35

- The Book of Acts traces the growth and expansion of the early Christian community. In chapter 4, the writer emphasizes its size and cohesiveness. Notice the use of "whole group"—the emphasis is stronger in Greek.
- The language used in this passage echoes Greco-Roman writings on the virtue of friendship; the community of believers are described as friends united in affection and purpose. You might want to consider this in light of Jesus' words regarding friendship with him.
- In the second paragraph, the focus narrows from the whole community to the specific ministry of the apostles. That ministry is focused on the resurrection of Jesus, proclaimed with great power. How does this shape our ideas of ministry in today's world?

## Second Reading: 1 John 5:1-6

- 'The world' in John's writings is almost synonymous with 'the flesh' in Paul's writings; it's the sphere of mundane activity, shot through with temptations and pitfalls for the disciple of Christ. Here, then, John asks the question: who can overcome the temptations of this life and, by doing so, attain the resurrection from the dead and life everlasting with the Lord?
- John places the emphasis on faith: our 'victory over the world'. How do we understand that? And what impact does it have on our evangelisation?

# Gospel: John 20:19-31

- The events of this gospel passage take place a week after the first Easter Sunday, so it's very appropriate to consider it today.
- Notice that the Holy Spirit is received at this point in John's account; there is no Pentecost narrative in John. The Spirit is received by the Lord breathing on them and commissioning them with a job: to be sent as he was sent. Compare that with the account of the creation of Adam and Eve in Genesis 2.
- The editorial note at the end of the passage explains the reason for all of John's previous narratives: they are designed to encourage belief in the reader/hearer, including the narrative of Thomas' epiphany. How much emphasis do we give to this purpose of the gospel stories? Do we look for faith as well as practical applications?